

TOOLS AND EQUIPMENT

- Battery-powered radio
- Flashlights
- Spare batteries
- Resealable plastic bags
- Washcloths and towels
- Paper cups and plates and plastic utensils
- Toothbrushes, toothpaste, shampoo, deodorant and other toiletries
- Heavy-duty plastic garbage bags
- Change of clothing and an extra pair of shoes and socks for each person
- Blankets or a sleeping bag for each person



PERSONAL ITEMS

- Personal identification
- Copies of birth and marriage certificates, inventory of household goods, bank account numbers and other important documents
- Maps
- Extra car and house keys
- Prescription medications

First Aid Kit Essentials



- Adhesive bandages
- Antacid
- Antibiotic ointment
- Antidiarrhea medication
- Antiseptic
- Aspirin and nonaspirin pain reliever
- Cleansing agents (isopropyl alcohol, hydrogen peroxide, soap, germicide)
- Cotton balls
- First aid manual
- Gauze pads and roll
- Latex gloves
- Laxative
- Moist towelettes
- Needle and safety pins
- Petroleum jelly
- Scissors
- Sunscreen
- Thermometer
- Tongue depressors
- Triangular bandages
- Tweezers